



NO. HPSES-SAMAGRA SHIKSHA ABHIYAN-(H.O)-TRAINING 2018-19. /0194-10.
STATE PROJECT OFFICE RMSA

SHIMLA-1, HIMACHAL PRADESH.

Dated: Shimla-171001, the

11th March, 2019.

To

(1) Deputy Director, Higher Education,
All the Districts of Himachal Pradesh.

(2) District Project Officers,
Integrated Scheme for School Education
All the Districts of Himachal Pradesh.

4823
19-3-19

Subject: Inculcation of Life Skills into the Students on Bag Free Day.

Sir/Madam,

For all-round development of the students, it is important to address the various facets of holistic life like emotional, social, and intellectual. It is important to equip children with life skills to enhance opportunities for employment and related possibilities. In this regard a MOU has been signed with Aparajitha Foundation to work in this direction. This has vision as "supporting students in realizing their full potential and have a holistic approach to life by giving them an exposure to skills which are extremely important in life, but not covered by the regular curriculum".

In this direction, one representative of the said foundation is asked to visit ICT equipped schools and hand over the e-content designed on the said programme. He/she will simultaneously give training to representative nominated by the school to execute the programme. The main features of the programme are as under:

- This is a life skill development program for the saplings and is called as 'Tim Tim Tare' (TTT)
- The target group for the programme is for the students of Classes VI to XII in all the ICT equipped schools.
- There are 120 topics covering a range of skills like :
 - a. Ten Basic Skills listed by WHO (72 lessons)
 - b. Value Clarification (16 lessons),
 - c. Etiquette (10 lessons)
 - d. Time management (6 lessons)
 - e. Goal setting (5 lessons)
 - f. Health & Hygiene (3 lessons)
 - g. Gender Sensitization (3 lessons)
 - h. Laws of Land (3 lessons)
 - i. Understanding Media (3 lessons)
 - j. Ecology (3 lessons)


A. K. Singh

17/3/19

- Instead of adopting a preaching or teaching mode, TTT opts for an innovative interactive format. The approach provokes and stimulates children to think on their own and respond. The topics are effectively covered by organising and grouping things with similar characteristics while developing specific concepts and designing appropriate learning strategies. The approach includes games and songs to make learning impressive and effective. These methods stimulate observation, exploration, thinking and imaginative skills of children.

The above said programme will help all the teachers to inculcate good values into personality of students through attractive methods of modern techniques mingled with e-content. The programme will be included into the schedule of next year training.

You are requested to implement the above said programme on Bag-Free-Day (last Saturday of every month).



State Project Director
Integrated Scheme of School Education,
Shimla-1, Himachal Pradesh.

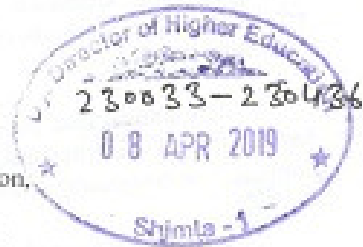
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Copy to: -

1. Director Higher Education, Himachal Pradesh, Shimla-1 for information please.
2. All the Principals of ICT equipped schools for action and effective implementation of the teaching of the life skills to the students of 6th to +2 classes.


State Project Director
Integrated Scheme of School Education,
Shimla-1, Himachal Pradesh.



O/o the Dy. Director of Higher Education,
Shimla, District Shimla-171001

Endst. No: Shiksha-Shimla (G-1) Misc. dated: Shimla-171001

Copy for information and further necessary action is forwarded to:-
1. All the Principal/Headmaster GSSS/GHS in Shimla District.
2. Guard file.


Dy. Director Higher Education,
Shimla Distt. Shimla-01